

Harvest Bar | September 2025

Options to offer in each of the 6-8 bins on the bar and guidelines.

- Fresh produce items will be updated each month. Items no longer in season will be removed and new items in season will be added.
- Please refer to the Food Services Resources page, in the Harvest Bar section, for other helpful information.

SALAD BASE Offer one of these DAILY	DARK GREEN VEGETABLE Offer one of the following or a combination of both 2x or more/wk	RED/ORANGE VEGETABLE Offer 3x/wk	*VEGETABLE JUICE/SLUSH Offer NO more than 2x/wk	FRESH FRUIT Offer Daily	FRESH FRUIT Offer Daily	*FRUIT JUICE/SLUSH Offer NO more than 2x/wk
<ul style="list-style-type: none">• Romaine Mix Salad, 5 lb bag, CMS# 3854• Romaine Thick Shred, 5 lb bag, CMS #3368<ul style="list-style-type: none">○ Use only for burgers & sandwich when possible since 20% higher in cost than regular Romaine Mix• Coleslaw Mix, Shredded Cabbage, 5 lb CMS#3823 <p>OPTIONAL EXTRA Croutons, from WH CMS# 1427, 4, 40 oz bags/cs</p>	<ul style="list-style-type: none">• Broccoli Buds, bulk, 5 lb., CMS# 3200• Romaine Mix Salad (under SALAD BASE) <p>OTHER VEGETABLE Offer 1x/wk or more</p> <ul style="list-style-type: none">• Celery, Sticks, 5 lb CMS# 3820• Cucumber Slices, BULK, 5 lb. Tray, CMS# 3257,• Persian Cucumber, whole – cut in half, CMS#3702• Cauliflower Florets, 5 lb., CMS #3103	<ul style="list-style-type: none">• Petite Baby Carrots, BULK, CMS# 3888• Carrot, Shredded, Cauliflower Florets, 5 lb CMS# 32135 lb.• Rainbow Carrot, Shred 5 lb., CMS# 3268• Carrot, Coins, 5 lb., CMS# 3094• Grape Tomato Medley, BULK 20 lb, CMS#3487• Tomato Slices, CMS# 3086 (For burger & sandwiches) <p>BEANS/PEAS Offer 2x/wk</p> <ul style="list-style-type: none">• Vegetable Crunchies, Bulk, 8, 1.25 lb. bags, CMS# 1707 (like croutons)• Garbanzo Beans, CMS# 1026, 6-#10	<ul style="list-style-type: none">• Orange Medley Juice CMS# 1308• Paradise Vegetable Juice, CMS# 1681• Cherry Smooth Cup CMS# 2364• Berry Berry Blue Slush, CMS# 2827 <p>*ONLY 1 slush/juice, vegetable or fruit slush is allowed on any day</p> <p>ANY VEGETABLE Offer 3x/wk. Can offer any from the groups listed below.</p> <ul style="list-style-type: none">• Dark Green• Red/Orange• Beans/Peas• Other	<ul style="list-style-type: none">• Apple, CMS#3800• Banana, CMS# 3204, 100/cs• Nectarine, CMS# 3891, 100/cs• Orange, CMS #3093• Pear, Bartlett, CMS#3939• Pluot, CMS# 3700• Plumcot, CMS# 3940• White Peach, CMS# 3884• Peach, CMS# 3886	Choose from the same options available under the previous “FRESH FRUIT” slot.	<ul style="list-style-type: none">• Cherry Lemon Cup, CMS#2981• Strawberry Creamsicle, CMS#2861• Kiwi Strawberry Fruit Slush, CMS# 2417• Mango Sorbet, CMS# 2774• Frozen Watermelon Juice, CMS# 2182 <p>* ONLY 1 slush/juice, vegetable or fruit, is allowed on any day</p> <p>Offer another fresh fruit or vegetable if slush not served or use a full pan of an item to fill the space on the bar.</p>

Condiments

Tajin Seasoning Packet, CMS# 1321	Asian Sesame Dressing, Packet CMS# 1073	Ranch Dressing, R7110-CB/R7111-DW	
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How Many Bins on the Bar: Depending on what size bin is used - large full size or the long, skinny size – the number of bins will vary from 6 to about 8. For popular items, use the large full-size bin. For less popular items, use the long skinny bin.